



PreK-3 :11:00-11:30
 PreK-4: 11:05-11:35
 Kinder: 11:15-11:45
 1st Grade: 11:20-11:50
 2nd Grade: 11:25-11:55
 3rd Grade: 11:30-12:00
 4th Grade: 11:35-12:05
 5th Grade: 11:40-12:10
 6th Grade: 11:45-12:15



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday

Fish Sticks
 Tator Tots
 Cucumbers
 Fruit
 Milk

2

Crispitos
 Nacho chips / Salsa
 Lettuce / Tomato
 Ice Cream
 Milk

3

Chili over Rice
 Pinto Beans
 Crackers
 Fruit
 Milk

4

Chicken Rings
 French Fries
 Carrot Sticks
 Cookie
 Milk

5

Sloppy Joes
 Chips
 Pickle Spears
 Fruit
 Milk

6

Chicken Burger
 Toppings
 Pork n Beans
 Fruit
 Milk

9

Chicken Enchilada
 Casserole
 Refried Beans
 Lettuce / Tomato
 Brownie / Milk

10

Steak Fingers
 Rice / Gravy
 Peas
 Bread / Fruit
 Milk

11

Pepperoni Pizza on
 Texas Toast
 Salad
 Jell-O / Fresh Fruit
 Milk

12

Grilled Cheese
 Tomato Soup
 Cucumbers
 Cookie
 Milk

13

Zoo Nuggets
 Mac n Cheese
 Peas
 Fruit
 Milk

16

Frito Pie
 Lettuce / Tomato
 Pinto Beans
 Cake
 Milk

17

Chicken w/ Gravy
 Rice
 Green Beans
 Bread / Fruit
 Milk

18

Turkey/Cheese
 Sandwich
 Lettuce / Tomato / Pickles
 Chips / Cookie
 Milk

19

NO SCHOOL!

20

Corn Dogs
 French Fries
 Cucumbers
 Fruit
 Milk

23

Tamales
 Spanish Rice
 Nacho Chips / Salsa
 Cookie
 Milk

24

Spaghetti w/
 Meat Sauce
 Salad / Garlic Stick
 Fruit
 Milk

25

Hot Dogs
 Chips
 Pickles
 Cookie
 Milk

26

Breakfast Jack
 (Ham, Egg, Cheese)
 Hash Browns
 Fruit
 Milk

27

Sausage
 Butter Potatoes
 Bread
 Fruit
 Milk

30

Taquitos
 Cheese Sauce
 Lettuce / Tomato
 Peach Cobbler
 Milk

31

