

November 2017

Holy Cross Catholic School



PreK-3: 11:00-11:30 2nd Grade: 11:25-11:55
 PreK-4: 11:05-11:35 3rd Grade: 11:30-12:00
 Kinder: 11:15-11:45 4th Grade: 11:35-12:05
 1st Grade: 11:20-11:50 5th Grade: 11:40-12:10
 6th Grade: 11:45-12:15



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

Monday

Tuesday

Wednesday

Thursday

Friday



Chicken Strips 1
 Rice / Gravy
 Broccoli
 Bread / Fruit
 Milk

Hamburgers 2
 Lettuce / Tomato
 Pickles
 Chips
 Milk

Fish Sticks 3
 Mac n Cheese
 Corn
 Bread / Fruit
 Milk

Chicken Burger 6
 Burger Toppings
 Fritos
 Fruit
 Milk

Chili over Rice 7
 Pinto Beans
 Crackers
 Cake
 Milk

Hamburger / 8
 Mac n Cheese casserole
 Salad
 Garlic stick / Fruit
 Milk

Steak Fingers 9
 French Fries
 Cucumbers
 Cookie
 Milk

Grilled Cheese 10
 Potato Chips
 Pickle Spear
 Fruit
 Milk

Zoo Nuggets 13
 Peas
 Salad
 Fruit
 Milk

Crispitos 14
 Nacho chips / Salsa
 Carrots Sticks
 Cookie
 Milk

Turkey / Dressing 15
 Green Beans
 Cranberries / Roll
 Cookie
 Milk

BBQ Burger 16
 Fritos
 Pickles
 Cookie
 Milk

Corn Dog 17
 French Fries
 Cucumber
 Fruit
 Milk

Pepperoni Pizza 20
 on Texas Toast
 Green Beans
 Salad / Fruit
 Milk

Ham/Cheese Wrap 21
 Cucumbers
 Chips
 Cookie
 Milk

22
 OUT FOR
 THANKSGIVING
 BREAK!

23

24

Hot Dogs 27
 Fritos
 Pickles
 Fruit
 Milk

Tamales 28
 Spanish Rice
 Chips / Salsa
 Cookie
 Milk

Chicken Alfredo 29
 Salad
 Garlic Stick
 Fruit
 Milk

Sausage Wrap 30
 Pinto Beans
 Carrot Sticks
 Pudding
 Milk

