

# December 2018

## Holy Cross Catholic School



PreK-3: 11:00-11:30  
 PreK-4: 11:05-11:35  
 Kinder: 11:10-11:40  
 1<sup>st</sup> Grade: 11:15-11:45

2<sup>nd</sup> Grade: 11:20-11:50  
 3<sup>rd</sup> Grade: 11:25-11:55  
 4<sup>th</sup> Grade: 11:30-12:00  
 5<sup>th</sup> Grade: 11:35-12:05



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Fish Burger 3  
 Lettuce/Tomato/Pickle  
 Pork n Beans  
 Fruit  
 Milk

Beef & Bean Tostada 4  
 Lettuce / Tomato  
 Salsa  
 Cookie  
 Milk

Spaghetti w/ Meat 5  
 Green Beans  
 Garlic Bread  
 Fruit  
 Milk

Chicken Fried Steak 6  
 Mashed Potatoes  
 Gravy / Peas  
 Cookie  
 Milk

Tomato Soup 7  
 Grilled Cheese  
 Cucumbers  
 Fruit  
 Milk

Corn Dog 10  
 Tator Tots  
 Carrot Sticks  
 Fruit  
 Milk

Sausage 11  
 Pinto Beans  
 Hash Browns  
 Cake  
 Milk

Beef Patties w/ Gravy 12  
 Rice  
 Corn  
 Bread  
 Milk

Baked Chicken Legs 13  
 w/ BBQ Sauce  
 Mashed Potatoes  
 Green Beans  
 Milk

Ham/cheese 14  
 Sandwich  
 Lettuce / Tomato / Pickles  
 Chips / Banana  
 Milk

Zoo Nuggets 17  
 Mac n Cheese  
 Peas  
 Fruit  
 Milk

Beef Taquitos 18  
 Spanish Rice  
 Cheese Sauce  
 Cookie  
 Milk

19  
**Christmas break begins!!**

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