



PreK-3: 11:00-11:30
 PreK-4: 11:05-11:35
 Kinder: 11:10-11:40
 1st Grade: 11:15-11:45

2nd Grade: 11:20-11:50
 3rd Grade: 11:25-11:55
 4th Grade: 11:30-12:00
 5th Grade: 11:35-12:05



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

Monday



Zoo Nuggets
 Mac n Cheese
 Peas
 Fruit
 Milk

Fish Burger
 Lettuce/Tomato/Pickles
 French Fries
 Fruit
 Milk

Pinto Beans with Sausage
 Rice
 Salad / Jell-O with Fruit
 Milk

Hot Dogs
 Fritos
 Pickles
 Fruit
 Milk

Tuesday



Tamales
 Spanish Rice
 Chips & Cheese Sauce
 Banana Pudding
 Milk

Baked Beef & Bean Burrito
 Lettuce/Tomato
 Cheese Sause
 Milk

Crispitos
 Chips / Salsa
 Lettuce/Tomato
 Cookie
 Milk

Beef & Bean Tostada
 Lettuce/Tomato
 Spanish Rice
 Cookie Bar
 Milk

Wednesday



Beef Penne Pasta
 Salad
 Garlic Stick
 Fruit
 Milk

Steak Fingers
 Mashed Potatoes/Gravy
 Peas
 Fruit
 Milk

Pulled Pork on a Bun
 Baked Beans
 Tator Tots
 Fruit
 Milk

Spaghetti w/ Meat
 Salad
 Garlic Stick
 Fruit
 Milk

Thursday

Corn Dogs
 Tator Tots
 Carrot Sticks
 Cookie
 Milk

Meat Pie
 Corn
 Carrot Sticks
 Cookie
 Milk

Hamburger Mac & Cheese Casserole
 Green Beans
 Garlic Stick / Brownies
 Milk

Pepperoni Pizza on Texas Toast
 Salad / Corn
 Cake
 Milk

Chicken w/ Gravy over Rice
 Green Beans / Roll
 Cookie
 Milk

Friday

BBQ Burgers
 Fritos
 Pickles
 Fruit
 Milk

Egg & Sausage Taco
 Hash Browns
 Salsa
 Fruit
 Milk

Grilled Cheese
 Tomato Soup
 Cucumbers
 Fruit
 Milk

Sausage
 Loaded Potatoes
 Cooked Carrots
 Fruit
 Milk

